

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					National Cinnamon Day 1 9:30 Chair Aerobics 10:00 Cookie Conversations 11:00 Pretty Nails 12:00 Fast Food Friday 5:00 Evening Movie	Day of the Dead 2 9:30 Exercise 10:00 Morning Meditation 11:00 Jukebox Social 2:30 Movie & Popcorn 4:00 Activity Packets
National Sandwich Day 3 9:30 Sunday Stretch 10:00 Devotional Music 2:00 Prayer Circle 4:00 Sunday Stretch	National Candy Day 4 9:30 Music & Motion 10:00 Movie Trivia 11:00 Snack Chart 2:00 BINGO! 5:00 Evening Movie	American Football Day 5 9:30 Chair Yoga 10:00 Football Trivia 11:00 Pretty Nails 2:00 Football Social 5:00 Evening Movie	Film Festival Day 6 9:30 Seated Cardio 10:00 Current Events 11:00 Cocoa Club 2:00 Pottery Club 5:00 Evening Movie	National Nacho Day 7 9:30 Chair Yoga 10:30 Early Bird BINGO 11:30 Hydration Station 2:00 Chefs Table: Walking Nacho's 5:00 Evening Movie	Art Museum Day 8 9:30 Chair Aerobics 10:00 Cookie Conversations 11:00 Pretty Nails 2:00 Paint & Sip 5:00 Evening Movie	National Origami Day 9 9:30 Exercise 10:00 Morning Meditation 11:00 Jukebox Social 2:30 Movie & Popcorn 4:00 Activity Packets
National Vanilla Cupcake Day 10 9:30 Sunday Stretch 10:00 Devotional Music 2:00 Prayer Circle 4:00 Sunday Stretch	Veterans Day 11 9:30 Music & Motion 10:00 80's Trivia 11:00 Veterans Day Snack & Chat 2:00 BINGO! 5:00 Evening Movie	Get Outdoors Week 12 9:30 Chair Yoga 10:00 Service W/ Pastor Ramsey 11:00 Pretty Nails 3:00 Resident Council 5:00 Evening Movie	Sadie Hawkins Day 13 9:30 Seated Cardio 10:00 Current Events 11:00 Cocoa Club 2:00 Crafts: Fall Picture Frames 5:00 Evening Movie	International Girls Day 14 9:30 Chair Yoga 10:00 Praise & Worship 11:30 Snack & Chat 2:00 BINGO 5:30 Thanksgiving Dinner	National Camp T-Shirt Day 15 9:30 Chair Aerobics 10:00 Cookie Conversations 11:00 Pretty Nails 2:00 Crafts: Tie Dye Shirts 5:00 Evening Movie	National Fast Food Day 16 9:30 Exercise 10:00 Morning Meditation 11:00 Jukebox Social 2:30 Movie & Popcorn 4:00 Activity Packets
Mickey Mouse & Disney Day 17 9:30 Sunday Stretch 10:00 Devotional Music 2:00 Prayer Circle 4:00 Sunday Stretch	National Play Monopoly Day 18 9:30 Music & Motion 10:00 US Trivia 11:00 Snack Chart 2:00 BINGO! 5:00 Evening Movie	World Television Day 19 9:30 Chair Yoga 10:00 60's TV Trivia 11:00 Pretty Nails 2:00 Walker (TV Show Marathon) 5:00 Evening Movie	National Game & Puzzle Week 20 9:30 Seated Cardio 10:00 Current Events 11:00 Cocoa Club 2:00 PO-KE-NO 5:00 Evening Movie	National Gingerbread Cookie Day 21 9:30 Chair Yoga 10:00 Praise & Worship 11:30 Snack & Chat 2:00 BINGO 5:00 Evening Movie	New Flowers Week 22 9:30 Chair Aerobics 10:00 Cookie Conversations 11:00 Pretty Nails 2:00 Birthday Party 5:00 Evening Movie	National Parfait Day 23 9:30 Exercise 10:00 Morning Meditation 11:00 Jukebox Social 2:30 Movie & Popcorn 4:00 Activity Packets
National Book Week 24 9:30 Sunday Stretch 10:00 Devotional Music 2:00 Prayer Circle 4:00 Sunday Stretch	Turtle Day 25 9:30 Music & Motion 10:00 Guess Who? 11:00 Snack Chart 2:00 BINGO! 5:00 Evening Movie	National Cake Day 26 9:30 Chair Yoga 10:00 Service W/ Pastor Ramsey 11:00 Pretty Nails 2:00 Snack & Chat: Cake Day 5:00 Evening Movie	National Jukebox Day 27 9:30 Seated Cardio 10:00 Current Events 11:00 Cocoa Club 2:00 Soda Float Social 5:00 Evening Movie	Thanksgiving 28 9:30 Chair Yoga 10:00 Praise & Worship 11:00 TURKEY BINGO 3:00 Movie & Popcorn	Native American Heritage Day 29 9:30 Chair Aerobics 10:00 Cookie Conversations 11:00 Pretty Nails 2:00 Connect Four Tournament 5:00 Evening Movie	National Mousse Day 30 9:30 Exercise 10:00 Morning Meditation 11:00 Jukebox Social 2:30 Movie & Popcorn 4:00 Activity Packets