

OCTOBER 2024

EAT BETTER, EAT TOGETHER MONTH

Sunday	<u>Monda</u> y	Tuesday	Wednesday	<u>Thursda</u> y	<u>Friday</u>	Saturday
		International Day of Older Persons 1 10:00 EXERCISE GROUP 10:30 BINGO 2:30 ACTIVITY PLANNING MEETING	10:00 EXERCISE GROUP 10:30 OUTSIDE TIME 2:30 ARTS & CRAFTS/DECORATING		World Space Week 4 10:00 EXERCISE GROUP 10:30 BINGO 2:30 OUTSIDE TIME	National Apple Betty Day 5 10:30 EXERCISE GROUP 11:00 BINGO 2:30 MANICURES & COLORING
Active Aging Week 6	10:00 EXERCISE GROUP 10:30 PUMPKIN TOSS 2:30 BINGO	National Pierogi Day 10:00 EXERCISE GROUP 10:30 BINGO 2:30 RESIDENT COUNCIL MEETING	2:30 MAKING CORN FRITTERS	National Angel Food Cake Day BEAUTY SHOP 10:00 EXERCISE GROUP 10:30 MANICURES 2:30 ENJOYING HALLOWEEN S'MORES PIE	Southern Food Heritage Day 10:00 EXERCISE GROUP 10:30 BINGO 2:30 OUTSIDE TIME	10:30 EXERCISE GROUP 11:00 BINGO 2:30 MANICURES & COLORING
Breast Cancer Awareness Day 13	Columbus Day 10:00 EXERCISE GROUP 10:30 NOODLE BALLOON 2:30 BINGO	15 UK Coffee Week 15 10:00 EXERCISE GROUP 10:30 MARCIA & GARY GOSPEL LIVE MUSIC 2:30 BINGO	10:00 EXERCISE GROUP 10:30 HALLOWEEN WORD SEARCH & COLORING PUMPKINS	10:00 EXERCISE GROUP	National Pasta Day 10:00 EXERCISE GROUP 10:30 BINGO 2:30 ARTS & CRAFTS/MAKING SCARECROW POTS	National Chocolate Cupcake Day 19 10:30 EXERCISE GROUP 11:00 BINGO 2:30 MANICURES & COLORING
Crazy Shirt Day 20	National Colorful Day 10:00 EXERCISE GROUP 10:30 PUMPKIN TOSS 2:30 BINGO	Hoshana Rabbah 10:00 EXERCISE GROUP 10:30 BINGO 2:30 MAKING HALLOWEEN MASKS	10:00 EXERCISE GROUP 10:30 MANICURES 2:30 ENJOYING BOSTON CREAM PIES		10:00 EXERCISE GROUP 10:30 BINGO 2:30 OUTSIDE TIME 400 HALL PATIO/CARVING PUMPKINS	National Pumpkin Day 10:30 EXERCISE GROUP 11:00 BINGO 2:30 MANICURES & COLORING PUMPKINS
Grandparents Week 27	National Chocolate Day 10:00 EXERCISE GROUP 10:30 CHOCOLATE BINGO 2:30 ESTHER & EARL/LIVE GOSPEL MUSIC	National Cat Day 29 10:00 EXERCISE GROUP 10:30 BINGO 2:30 ARTS & CRAFTS/CANDY PUMPKINS	10:00 EXERCISE GROUP 10:30 OUTSIDE TIME 3:00 HAPPY HOUR & ENJOYING CANDY CORNS	Halloween BEAUTY SHOP 10:00 EXERCISE GROUP 10:30 MANICURES 2:30 HALLOWEEN PARTY 3:30 TRICK R TREATING		