

## **OCTOBER 2024**

## **EAT BETTER, EAT TOGETHER MONTH**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		International Day of Older Persons 9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Coffee Club And Devotion 11:00 Jewelry Making 2:00 Quality Of Life Visits/ Mail 3:00 Pokeno	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Searching For Words 11:00 Satin Hands (Nail Care) 2:00 Quality Of Life Visits/ Mail 3:00 Bingo	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Ball Pong 11:00 Crocheting With Shanice 2:00 Quality Of Life Visits/ Mail 3:00 Happy Hour/ Karaoke	9:00 Morning Greetings (South) 10:00 Dart Ball 10:30 Trivia Challenge 11:00 Trivia Challenge 2:00 Quality Of Life Visits/ Mail 3:00 Movie And Popcorn	National Apple Betty Day  10:00 Morning Workout  11:00 Table Volleyball  11:30 Morning Music Club  2:00 Quality Of Life Visits  3:00 Tailgate Party
Active Aging Week 6	Labour Day 7	National Pierogi Day	8 Emergency Nurses Day 9	National Angel Food Cake Day	O Southern Food Heritage Day 11	I Love Yarn Day 12
9:00 Morning Workout 10:00 Church Service 11:00 Gaither Gospel Hour 2:00 Quality Of Life Rounds/ Mail 2:00 Bible Study	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Bible Study 11:00 Art Expressions 2:00 Quality Of Life Visits/Mail 3:00 Gentlemen's Gatheing	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Coffee Club And Devotion 11:00 Snack Attack (PB&J Sandwiches) 2:00 Quality Of Life Visits/ Mail 3:00 Pokeno	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Searching For Words 11:00 Satin Hands (Nail Care) 2:00 Quality Of Life Visits/ Mail 3:00 Bingo	9:00 Morning Greeting (South) 10:00 Morning Workout 10:30 Basketball 11:00 Meditative Coloring With Music 2:00 Quality Of Life Visits/ Mail 3:00 Happy Hour / Karaoke	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Badminton 11:00 Trivia Challenge 2:00 Quality Of Life Visits/ Mail 3:00 Sept. Activity Participation Party	10:00 Morning Workout 11:00 Table Volleyball 11:30 Morning Music Club 2:00 Quality Of Life Visits/ Mail 3:00 Spooky Movie Party
Breast Cancer Awareness Day 13	Columbus Day 14	UK Coffee Week 1	Sukkot** 16	National Veterans BBQ Day	National Pasta Day 18	National Chocolate Cupcake Day 19
10:00 Church Service 11:00 Gaither Gospel Hour 2:00 Quality Of Life Rounds/,Ail 3:00 Bible Study	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Bible Study 11:00 Art Expression 2:00 Quality Of Life Visits / Mail 3:00 Ladies Social (Flower Arranging)	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Coffee Club And Devotion 11:00 Jewelry Making 2:00 Quality Of Life Visits/ Mail 3:00 Pokeno	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Searching For Words 11:00 Satin Hands (Nail Care) 2:00 Quality Of Life Visits/ Mail 3:00 Bingo	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Ball Pong 11:00 Meditative Coloring With Music 2:00 Quality Of Life Visits/ Mail 3:00 Happy Hour/ Karaoke	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Dart Ball 11:00 Trivia Challenge 2:00 Quality Of Life Visits/ Mail 3:00 Bingo Buck Party	10:00 Morning Workout 11:00 Table Volleyball 11:30 Morning Music Club 2:00 Quality Of Life Visits/ Mail 3:00 Movie And Popcorn
Crazy Shirt Day 20	National Colorful Day 21	Hoshana Rabbah	National Boston Cream Pie Day 23	National Food Day 2	24 International Artist Day 25	National Pumpkin Day 26
10:00 Church Service 11:00 Gaither Gospel Hour 2:00 Quality Of Life Visits/ Mail 3:00 Bible Study	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Bible Study 11:00 Art Expressiona 2:00 Quality Of Life Visits/ Mail 3:00 Resident Council	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Coffee Club And Devotion 11:00 Snack Attack (Grill Cheese Sandwiches) 2:00 Quality Of Life Visits/ Mail 3:00 Pokeno	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Searching For Words 11:00 Satin Hands (Nail Care) 2:00 Quality Of Life Visits/ Mail 3:00 Bingo	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Ball Pong 11:00 Resident Rights Bingo 2:00 Quality Of Life Visits/ Mail 3:00 Happy Hour/ Karaoke	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Dart Ball 11:00 Trivia Challenge 2:00 Quality Of Life Visits/ Mail 3:00 Birthday Social	10:00 Morning Workout 11:00 Table Volleyball 11:30 Morning Workout 2:00 Quality Of Life Visits / Mail 3:00 Movie And Popcorn
Grandparents Week 27	_	National Cat Day 2			81	
10:00 Church Service 11:00 Gaither Gospel Hour 2:00 Quality Of Life Rounds/ Mail 3:00 Bible Study	<ul> <li>9:00 Morning Greetings (South)</li> <li>10:00 Morning Workout</li> <li>10:30 Bible Study</li> <li>11:00 Art Expressions (Halloween Canvas)</li> <li>2:00 Quality Of Life Visits / Mail</li> <li>3:00 Veterans Social</li> </ul>	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Coffee Club And Devotion 11:00 Pumpkin Carving 2:00 Quality Of Life Visits/ Mail 4:00 Pokeno 1:00 Mystery Matinee	9:00 Morning Greetings (South) 10:00 Morning Workout 10:30 Resident Pie Eating Contest 11:00 Satin Hands (Nail Care) 2:00 Quality Of Life Visit/Mail 3:00 Bingo 4:00 Mystery Matinee	9:00 Morning Greetings (South) 10:00 Morning Workout 11:00 Resident/ Staff Costume Contest 2:00 Quality Of Life Rounds / Mail 3:00 Halloween Party 4:00 Mystery Matinee		