

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		International Day of Older Persons 1 10:00 Reality Orientation 11:00 Bean Bag Toss 2:00 1:1 3:00 Crafts Social 4:00 Movie Social	Jewish New Years 2 10:00 Chair Yoga 11:00 Spa & Nail Day 2:00 1:1 3:30 Bible Study 4:00 Bracelet Making	National Cinnamon Roll Day 3 10:00 Reality Orientation 11:00 Outside Social 2:00 1:1 3:00 Karaoke 4:00 Painting Social	World Space Week 4 10:00 Coffee & Chat 11:00 Brain Game Challenge 2:00 1:1 3:00 Balloon Volleyball 4:00 Music Therapy	National Apple Betty Day 5 10:00 Chair Yoga 11:00 Bowling 2:00 1:1 3:00 Matching Game 4:00 Patio Jams
Active Aging Week 6 10:00 Chair Exercise 11:00 Balloon Volleyball 2:00 1:1 3:30 Church Service 4:00 Brain Games	Labour Day 7 10:00 Reality Orientation 11:00 Trivia 2:00 1:1 3:00 Board Game Social 4:00 Music Therapy	National Pierogi Day 8 10:00 Chair Yoga 11:00 Seated Volleyball 2:00 1:1 3:00 Sensory Social 4:00 Reminiscing	Emergency Nurses Day 9 10:00 Coffee & Chat 11:00 Sensory Table 2:00 1:1 3:30 Bible Study 4:00 Painting Social	National Angel Food Cake Day 10 10:00 Reality Orientation 10:00 Brain Teasers 2:00 1:1 3:00 Bowling 4:00 Movie Social	Southern Food Heritage Day 11 10:00 Chair Yoga 11:00 Outside Gathering 2:00 1:1 3:00 Sort The Paper 4:00 Music Therapy	I Love Yarn Day 12 10:00 Chair Exercise 11:00 Sensory Social 2:00 1:1 3:00 Board Games 4:00 Hand Massage
Breast Cancer Awareness Day 13 10:00 Zumba 11:00 Reality Orientation 2:00 1:1 3:30 Bible Study 4:00 Cornhole	Columbus Day 14 10:00 Reality Orientation 11:00 Bean Bag Toss 2:00 1:1 3:00 Sort The Colors 4:00 Hand Massage	UK Coffee Week 15 10:00 Chair Yoga 11:00 Balloon Volleyball 2:00 1:1 3:00 Trivia 4:00 Music Therapy	Sukkot** 16 10:00 Reality Orientation 11:00 Beachball Bowling 2:00 1:1 3:00 Brain Games 4:00 Hand Massage	National Veterans BBQ Day 17 10:00 Reality Orientation 11:00 Matching Game 2:00 1:1 3:00 Puzzle Mania 4:00 Music Therapy	National Pasta Day 18 10:00 Chair Yoga 11:00 Painting Social 2:00 1:1 3:00 Sort The Colors 4:00 Magazine Social	National Chocolate Cupcake Day 19 10:00 Chair Exercise 11:00 Canvas Painting 2:00 1:1 3:00 Match The Cards 4:00 Music Therapy
Crazy Shirt Day 20 10:00 Chair Exercise 11:00 Trivia 2:00 1:1 3:30 Church Service 4:00 Hand Massage	National Colorful Day 21 10:00 Reality Orientation 11:00 Balloon Volleyball 2:00 1:1 3:00 Brain Gmaes 4:00 Movie Social	Hoshana Rabbah 22 10:00 Reality Orientation 11:00 Spa & Nail Day 2:00 1:1 3:00 Bowling 4:00 Music Therapy	National Boston Cream Pie Day 23 10:00 Chair Yoga 11:00 Brain Games 2:00 1:1 3:00 Sensory Social 4:00 Movie Social	National Food Day 24 10:00 Reality Orientation 11:00 Match The Colors 2:00 1:1 3:00 Karaoke 4:00 Music Therapy	International Artist Day 25 10:00 Reality Orientation 11:00 Bea Bag Toss 2:00 1:1 3:00 Painting Social 4:00 Hand Massage	National Pumpkin Day 26 10:00 Chair Yoga 11:00 Sort The Colors 2:00 1:1 3:00 Coloring Social 4:00 Hand Massage
Grandparents Week 27 10:00 Chair Exercise 11:00 Match The Faces 2:00 1:1 3:30 Church Service 4:00 Music Therapy	National Chocolate Day 28 10:00 Reality Orientation 11:00 Bean Bag Toss 2:00 1:1 3:00 Trivia Game 4:00 Movie Social	National Cat Day 29 10:00 Chair Yoga 11:00 Matching Game 2:00 1:1 3:00 Bowling 4:00 Music Therapy	National Candy Corn Day 30 10:00 Chair Exercise 11:00 Trivia 2:00 1:1 3:00 Cornhole 4:00 Hand Massage	Halloween 31 10:00 Reality Orientation 11:00 Brian Games 2:00 1:1 3:00 Resident Bday Party/Halloween Party 4:00 Music Therapy		