

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Years Day 1 10:30 Coffee & Chat 11:30 Noodle Ball 1:30 Trivia 2:00 1:1 3:00 Bible Study 4:00 Bowling 5:00 Meditation Social	2 10:30 Aerobics Class 11:30 Crafts 1:30 Memory Game 2:00 1:1 3:00 Puzzle Mania 4:00 Test My Knowledge 5:00 Cornhole	3 10:30 Chair Yoga 11:30 Seated Volleyball 1:30 Hangman 2:00 1:1 3:00 Bracelet Making 4:00 Painting Social 5:00 Music Therapy	National Trivia Day 4 10:30 Chair Yoga 11:30 Guessing Game- Who Am I? 2:00 1:1 3:00 Bingo 4:00 Tabletop Games 5:00 Meditation
5 10:30 Chair Exercise 11:30 Church Service 2:00 1:1 3:00 Bingo 4:00 Ball Toss 5:00 Music Therapy	6 10:30 Walking Group 11:30 Word Game 1:30 Crossword Puzzles 2:00 1:1 3:00 Board Game 4:00 Cinema Day 5:00 Evening Devotions	7 10:30 Zumba 11:30 East Wing Store Run 1:30 Cranium Game 2:00 1:1 3:00 Manicures 4:00 Puzzle Mania 5:00 Evening Devotions	National Bubble Bath Day 8 10:30 Chair Yoga 11:30 Train Your Brain Game 1:30 Uno Social 2:00 1:1 3:00 Bible Study 4:00 Smore's Social 5:00 Bingo Night	National Law Enforcement Appreciation Day 9 10:30 Aerobics Class 11:30 Ring Toss 1:30 Scattergories GAME 2:00 1:1 3:00 Puzzle Mania 4:00 Bowling 5:00 Meditation	10 10:30 Chair Yoga 11:30 Team Trivia Challenge 1:30 Reminiscing W/Cookies 2:00 1:1 3:00 Happy Hour 4:00 Parachute Game 5:00 Meditation	11 10:30 Chair Exercise 11:30 Cornhole 2:00 1:1 3:00 Bingo 4:00 Karaoke 5:00 Evening Devotions
12 10:30 Reality Orientation 11:30 Church Service 2:00 1:1 3:00 Bingo 4:00 Tabletop Games 5:00 Hand Massages	13 10:30 Zumba 11:30 Word Rhyme Game 1:30 Manicures 2:00 1:1 3:00 Movie Social 4:00 Painting Social 5:00 Hand Massages	14 10:30 Reality Orientation 11:30 West Wing Store Run 1:30 Word Search Puzzles 2:00 1:1 3:00 Arts & Crafts 4:00 Conversation Cards 5:00 Cornhole	National Hat Day 15 10:30 Hot CoCoa Social 11:30 Hangman 1:30 Uno Social 2:00 1:1 3:00 Bible Study 4:00 Beachball Bowling 5:00 Game Night	16 10:30 Chair Yoga 11:30 Resident Council Meeting 1:30 Trivia 2:00 1:1 3:00 Pool Noodle Fishing 4:00 Ring Toss 5:00 Reminiscing	17 10:30 Chair Exercise 11:30 Reading Social 1:30 Magazine Gathering 2:00 1:1 3:00 Painting W/Wine 4:00 Tabletop Games 5:00 Evening Devotions	Winnie The Pooh Day 18 10:30 Chair Yoga 11:30 Finish The Lyrics 2:00 1:1 3:00 Bingo 4:00 Fun Facts Game 5:00 Music Therapy
19 10:30 Reality Orientation 11:30 Church Service 2:00 1:1 3:00 Bingo 4:00 Seated Volleyball 5:00 Music Therapy	Martin Luther King Jr. Day 20 10:30 Chair Yoga 11:30 MLK Parade Gathering 1:30 Bracelet Making 2:00 1:1 3:00 Movie Social 4:00 Word Search 5:00 Meditation Social	21 10:30 Chair Exercise 11:30 Whiteboard Memory Game 1:30 Crossword Puzzles 2:00 1:1 3:00 Arts & Crafts 4:00 Bowling 5:00 Evening Devotions	22 10:30 Reality Orientation 11:30 High Tea Social 1:30 Word Search Social 2:00 1:1 3:00 Bible Study 4:00 Seated Volleyball 5:00 Evening Devotions	National Pie Day 23 10:30 Chair Yoga 11:30 Bingo Store 1:30 Uno Social 2:00 1:1 3:00 Bingo 4:00 Crafts 5:00 Music Therapy	National Compliment Day 24 10:30 Chair Exercise 11:30 Test My Knowledge 1:30 Word Game 2:00 1:1 3:00 Fashion Show 4:00 Parachute Social 5:00 Hand Massages	National Storytelling Week 25 10:30 Zumba 11:30 Sit Down Bowling 2:00 1:1 3:00 Bingo 4:00 Memory Recall Game 5:00 Movie Gathering
26 10:30 Chair Yoga 11:30 Church Service 2:00 1:1 3:00 Bingo 4:00 Cup Stacking Competition 5:00 Evening Devotions	27 10:30 Chair Exercise 11:30 Baking Demo W/Bonnie 1:30 Team Trivia Challenge 2:00 1:1 3:00 Movie Social 4:00 Smore's Social 5:00 Music Therapy	28 10:30 Coffee & Chat 11:30 Scattergories 1:30 Cranium Games 2:00 1:1 3:00 Giant Games Social 4:00 Arts & Crafts 5:00 Hand Massages	National Puzzle Day, Chinese / Lunar New Year 29 10:30 Chair Yoga 11:30 Test My Knowledge 1:30 Crafts 2:00 1:1 3:00 Bible Study 4:00 Chess & Checkers 5:00 Bowling	National Croissant Day 30 10:30 Chair Exercise 11:30 Scrabble 1:30 Indoor Gardening 2:00 1:1 3:00 Resident Birthday Party 4:00 Crossword Puzzle Social 5:00 Reminiscing	31 10:30 Zumba 11:30 Memory Tray Game 1:30 Puzzle Mania 2:00 1:1 3:00 Bingo 4:00 Spa Time 5:00 Evening Devotions	