

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | | 1 10:30 Chair Exercise 11:30 Bingo 2:00 1:1 3:00 Tabletop Games 4:00 Music Therapy |
| 2 10:30 Chair Exercise 11:30 Bible Study 2:00 1:1 3:00 Trivia 4:00 Puzzles | 3 10:30 Chair Yoga 11:30 Black History Special 2:00 1:1 3:00 Painting Social 4:00 Ring Toss 5:00 Evening Devotional | 4 10:30 Zumba 11:30 Trivia About MLK Jr. 2:00 1:1 3:00 Bowling 4:00 Fire Pit Social 5:00 Music Therapy | 5 10:30 Morning Stretches 11:30 East Wing Store Run 2:00 1:1 3:00 Bible Study 4:00 Hangman 5:00 Hand Massage | 6 10:30 Chair Yoga 11:30 Red Hat Club 2:00 1:1 3:00 Bracelet Making 4:00 Courtyard Conversations 5:00 Bingo Game Night | 7 10:30 Chair Yoga 11:30 Painting Social 2:00 1:1 3:00 Happy Hour 4:00 Conversation Card Game 5:00 Music Therapy | 8 10:30 Chair Exercise 11:30 Bingo 2:00 1:1 3:00 Beach Ball Bowling 4:00 Hand Massages |
| 9 10:30 Zumba 11:30 Bible Study 2:00 1:1 3:00 Bingo 4:00 Cranium Games 5:00 Super Bowl Party | 10 10:30 Walking Group 11:30 Black History Special 2:00 1:1 3:00 Black History Movie Social 4:00 Puzzle Mania 5:00 Evening Devotional | 11 10:30 Coffee & Chat 11:30 Manicures 2:00 1:1 3:00 Fire Pit Gathering 4:00 Word Game 5:00 Music Therapy | 12 10:30 Morning Stretches 11:30 West Wing Store Run 2:00 1:1 3:00 Bible Study 4:00 Bowling 5:00 Meditation Social | 13 10:30 Morning Stretches 11:30 Brain Game 2:00 1:1 3:00 Bowling 4:00 Puzzle Mania 5:00 Bingo Game Night | 14 10:30 Chair Yoga 11:00 Chess & Checkers 2:00 1:1 3:00 Valentine's Day Party 4:00 Bracelet Making 5:00 Music Therapy | 15 10:30 Zumba 11:30 Bingo 2:00 1:1 3:00 Arts & Crafts 4:00 Hand Massage |
| 16 10:30 Chair Yoga 11:30 Bible Study 2:00 1:1 3:00 Bingo 4:00 Evening Devotional | 17 10:30 Aerobics Class 11:30 Black History Special 2:00 1:1 3:00 Projector Movie Gathering 4:00 Arts & Crafts 5:00 Meditation Social | 18 10:30 Zumba 11:30 Manicures 2:00 1:1 3:00 Trivia Challenge 4:00 Hangman 5:00 Music Therapy | 19 10:30 Zumba 11:30 Chess & Checkers 2:00 1:1 3:00 Bible Study 4:00 Ring Toss 5:00 Evening Devotional | 20 10:30 Morning Stretches 11:30 Resident Council Meeting 2:00 1:1 3:00 Beachball Bowling 4:00 Patio Jams 5:00 Meditation Social | 21 10:30 Chair Yoga 11:30 Baking Social 2:00 1:1 3:00 Happy Hour 4:00 Karaoke 5:00 Hand Massage | 22 10:30 Zumba 11:30 Bingo 2:00 1:1 3:00 Tabletop Games 4:00 Music Therapy |
| 23 10:30 Chair Yoga 11:30 Bible Study 2:00 1:1 3:00 Bingo 4:00 Meditation | 24 10:30 Chair Exercise 11:30 Black History Special 2:00 1:1 3:00 Memory Recall Game 4:00 Cornhole 5:00 Evening Devotional | 25 10:30 Walking Group 11:30 Bingo 2:00 1:1 3:00 Black History Social 4:00 Cranium Games 5:00 Music Therapy | 26 10:30 Chair Yoga 11:30 Manicures 2:00 1:1 3:00 Bible Study 4:00 Crafts 5:00 Hand Massages | 27 10:30 Zumba 11:30 Red Hat Club 2:00 1:1 3:00 Chair Bowling 4:00 Karaoke 5:00 Bingo Game Night | 28 10:30 Chair Yoga 11:30 Memory Game 2:00 1:1 3:00 Residents Birthday Party 4:00 Cornhole 5:00 Music Therapy | |