

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30 Coffee Break 1:30 Praise & Worship 2:00 Table Top Games
2 10:30 Movie Martinee 1:30 Gospel Music 2:00 Room Visits	3 9:30 Sittercise 10:30 Refreshment Cart 1:30 One On One Time 2:30 Movie Monday 	4 9:30 Sit & Be Fit 11:00 Nail Care 1:30 Room Visits 2:30 Bingo 	5 9:30 Chair Yoga 10:30 Old School Melodies 1:30 One On One Time 2:30 Big Spoon	6 9:30 Sittercise 11:00 Hand Massages 1:30 Room Visits 2:30 Bingo 	7 9:30 Sittercise 10:30 Price Is Right 2:30 Mocktail Hour 	8 10:30 Sittercise 1:30 Table Top Games 2:30 Motown Music 
9 10:30 Praise & Worship 1:30 Bible Studies 2:30 Old Thyme Movie 	10 9:30 Chair Yoga 11:00 Simon Says 1:30 One On One Time 2:30 Prize In A Bag	11 9:30 Sit And Be Fit 11:00 Pretty Nails 1:30 Room Visits 2:30 Bingo 	12 9:30 Sittercise 10:30 Praise & Worship 1:30 One On One 2:30 Card Players Meet	13 9:30 Sit & Be Fit 11:00 Refreshment Cart 1:30 Room Visits 2:30 Bingo 	14 9:30 Sittercise 10:30 Hot Coco Treat 2:30 Happy Hour	15 10:30 Relaxing To Oldies 11:30 Table Top Games 2:30 Movie 
16 10:30 Gospel Music 1:30 Td Jakes Worship 2:30 Old Movie Sunday 	17 9:30 Sittercise 11:00 Fruit Social 1:30 One On One 2:30 Poker-Kee-No 	18 9:30 Sittercise 11:00 Nail Care 1:30 Room Visits 2:30 Bingo 	19 9:30 Sittercise 10:30 Hand Massages 1:30 One On One 2:30 Popcorn Treat	20 9:30 Sittercise 11:00 Arts & Craft 1:30 Room Visits 2:30 Bingo 	21 9:30 Chair Yoga 10:30 Hot Coco Treat 2:30 Happy Hour 	22 10:30 Coffee Break 1:30 Table Top Games 2:30 Room Visits 
23 10:30 Gospel Music 1:30 Joel Osteen Service 2:30 Puzzle Time	24 9:30 Sittercise 11:00 Refreshment Cart 1:30 One On One 2:30 BlackJack 21	25 9:30 Chair Yoga 11:00 Fancy Nails 1:30 Room Visits 2:30 Bingo 	26 9:30 Sittercise 10:30 Sip & Paint 1:30 One On One 2:30 Fluff & Fold	27 9:30 Sit & Be Fit 11:00 Color Mainia 1:30 Popcorn 2:30 Bingo 	28 9:30 Sittercise 10:30 Card Players Meet 2:30 Sabrina Surprise	29 10:30 Oldies Melodies 1:30 Table Top Games 2:30 Room Visits
30 10:30 Praise And Worship 1:30 Bible Studies 2:30 Movie Madness 	31 9:30 Sittercise 10:30 Ring Toss 1:30 One On One 2:30 Birthday Party 					