

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		International Day of Older Persons19:30Exercise & Music10:30Fancy Fingers11:30Hnag Man Game2:30Fun Triva6:30Church Services	Jewish New Years 2 9:30 Exercise & Music 10:30 Snack & Juice Cart 11:30 Restore Gaming 2:30 Snack Bingo Crossword & Word Search	National Cinnamon Roll Day39:30Exercise & Music10:30Baking Group (Cinnamon Rolls)11:30Karokee2:30Uno Tornament	World Space Week49:30Exercise & Music10:30Left Right Center Game11:30Restore Gaming2:30Money Bingo3:30Music On The Halls	National Apple Betty Day59:30Exercise & Music2:30Games In The Dining Room
Active Aging Week 6 Exercise & Music Church Services -	Labour Day 9:30 Exercise & Music 10:30 Restore Gaming 11:30 Penny Pitch 2:30 Fun Bingo 3:30 Name That Tune	7National Pierogi Day89:30Exercise & Music10:30Hollween Arts & Crafts11:30Spooky Sing A-Long2:30Holloween Sip & Paint6:30Church Services	Emergency Nurses Day 9 9:30 Exercise & Music 10:30 Restore Gaming 11:30 Making Pumpkins 2:30 Snack Bingo	National Angel Food Cake Day109:30Exercise & Music10:30Fancy Fingers11:30Making Strawberry Shortcaks2:30Wheel Of Fortue3:30Popcorn On The Hall	Southern Food Heritage Day 11 9:30 Exercise & Music 10:30 Baking Crackling CornBread 11:30 Southern Food Potluck 2:30 Money Bingo	I Love Yarn Day 12   9:30 Exercise & Music   2:30 Movie & Popcorn
Breast Cancer Awareness Day 13 9:30 Breast Cancer Arts & Crafts 2:30 Church Services	Columbus Day 9:30 Exercise & Music 10:30 Restore Gaming 11:30 Decorating Pumpkins 2:30 Fun Bingo	UK Coffee Week159:30Exercise & Music10:30Baking Pumpkin Seeds11:30Conversations Over Coffee2:30Scary Movie & Popcorn6:30Church Services	Sukkot** 16 9:30 Exercise & Music 10:30 Fancy Fingers 11:30 Arts & Crafts 2:30 Uno Tornerment 4:00 McTartens Group (Hertiage)	National Veterans BBQ Day179:30Exercise & Music10:30Pumpkin Carving11:30Fancy Fingers2:30Puzzel Making6:30Church Services	National Pasta Day189:30Exercise & Music10:30Making Pasta11:30Snack & Juice Cart2:30Money Bingo	National Chocolate Cupcake Day199:30Exercise & Music2:30Making Cupcakes
Crazy Shirt Day 20 9:30 Games In The Dining Room 2:30 Church Services	National Colorful Day 9:30 Exercise & Music 10:30 Color Maina 11:30 Restore Gaming 2:30 Fun Bingo	21Hoshana Rabbah229:30Exercise & Music10:30Fancy Fingers11:30Hollween Arts2:30Resident Birthday Party6:30Church Services	National Boston Cream Pie Day239:30Exercise & Music10:30Making Pumpkin Pie11:30Restore Gaming2:30Snack Bingo	National Food Day249:30Exercise & Music10:30Making Spookey Eggs11:30Hollween Tattoos2:30Resident Birthday Party	International Artist Day 25 9:30 Exercise & Music 10:30 Balloon Art 11:30 Name That Tune 2:30 Money Bingo	National Pumpkin Day269:30Exercise & Music2:30Decorating Pumpkins
Grandparents Week 27 9:30 Book Club 2:30 Church Services	National Chocolate Day 9:30 Exercise & Music 10:30 Popcorn On The Halls 11:30 Making Hot Chocolate 2:30 Fun Bingo	28National Cat Day299:30Exercise & Music10:30Making Smores11:30Restore Gaming2:30Making Slime6:30Church Services	National Candy Corn Day309:30Exercise & Music10:30Candy Corn Arts & Crafts11:30Pokokeno Game2:30Snack Bingo3:30Movie & Popcorn	Halloween 31 9:30 Exercise & Music 5:00 Fall Festival		

198 Hampton St, McDonough, GA 30253 770.957.9081 | www.westburyofmcdonough.com

## **OCTOBER 2024**

## EAT BETTER, EAT TOGETHER MONTH

